

Geranium

Pelargonium graveolens

Family Geraniaceae

History When this African perennial arrived in Europe in the seventeenth-century it gained instant popularity and many propagated it in their greenhouses. It was originally known as Rose Geranium but it was soon hybridized and this hybridization increased the species to more than 600, which includes many rose types. The oil varies, depending on growing conditions and species. The French planted it in Algeria and Reunion (or "Bourbon"), giving geranium from this area the name "Bourbon." It is also grown in Morocco and China. The Chinese oil is slightly less sweet but produces a good yield, making it less expensive. The pharmaceutical industry widely uses the component geraniol. This and other parts of the oil are sometimes used as an ingredient to make synthetic rose. Although the leaves of rose geranium resemble our common geranium the two are only distantly related.

Extraction: Steam distillation of flowers and leaves

Properties: Antidepressant, anti-hemorrhagic, anti-inflammatory, astringent, Cicatrizant, deodorant, diuretic, fungicide, hemostatic, stimulant (adrenal cortex) styptic, tonic, vermifuge, vulnerary.

Note: Middle

Chemistry: Alcohols Citronellol, Geraniol

Esters Linalyl acetate, Geranyl acetate, Citronellyl Acetate

Blends with: Bergamot, chamomile, clary sage, clove, cypress, ginger, grapefruit,
jasmine, juniper, lemon, mandarin, neroli, palmarosa, patchouli,
peppermint, rose, rosemary, ylang ylang

Safety Sheet

Safety: **Non toxic, non irritant, generally non sensitizing. Do not use with hypoglycemia or in pregnancy**

Mental/Emotional: Anxiety, depression, balancing

Cardiovascular: Tonic, poor circulation, hemorrhoids, stimulant, regulate blood pressure

Digestive: poor elimination, liver tonic, clears mucous, gastritis, colitis, gallstones

Endocrine: Regulates hormonal system. May lower blood sugar levels

Immune: Tonsillitis, stimulant

Nervous System: Tonic

Reproductive: Menopause, PMS, inflammation and congestion of breasts, sterility

Respiratory: Clears mucous, sore throat,

Skin: All skin types, regenerating, cleansing, pale, inflammation, infected wounds, eczema, acne, burns, scarring stretch marks

Educational Classes:

Aromatherapy (5 Levels)
Reiki Classes
Subtle Energy
Natural Ways to a Happier You
Aromatherapy & Your Dog

Therapeutic Grade Essential Oils

Amazing All Natural Products
Healing Giftware
Special Product Blending
Carrier Oils
Stones
Meadowbrook Products

Alternative Modalities

Aromatherapy Consultation
Bio Pulsar Aura Scan
Bio-Feedback
Eternale Stress Reduction System
Reiki
Ionic Foot Cleanse
Cold Wave Laser